

Determining Parent Training Goals

The purpose of this document is to outline general steps for determining parent training goals that behavior analysts are encouraged to follow to increase effectiveness and uniformity of parent training procedures.

To learn more about Effective Parent Coaching, check out this course:

The parent is always right

*Included with Membership

Prior to developing protocol

The following should be done prior to developing a protocol the family will follow or a major program change that the parents will need to support in order for the program to be effective:



1. Discuss the goals the parents have for the child and what they would like to receive training about.
2. Determine the goals/protocol based off these goals. There may be things you would like to target but unless those things are interfering with your ability to be effective, you should focus on the parent concerns. If the parent concerns are too advanced or something is interfering with your ability to be effective, discuss this with the parents and identify for them a different goal that would help them get to the goal they want to work on.
3. Develop a table (described below) to show the parents the options for the plan. The table should include at least the most likely effective option, a likely effective but not optimal option, and the status quo.
4. Go over the options with the family. When explaining the options, do not use subjective or judgmental discourse just present the options in an objective way. You should be open and honest about the advantages and disadvantages of the plans for the family and for the child.
5. Once the family chooses a plan, have them sign the form with the table on it that says they agree to the chosen plan (example below the tables) and put dates of implementation so the family can see changes will be made if needed. The dates of implementation will vary depending on the plan but should be at least 1 month to see the effects of the intervention.

Table Template

Plan Number	Plan Guidelines	Expected Outcomes
1	Describe what the optimal plan would include	Describe the projected outcomes from the optimal plan
2	Describe what the likely effective option would include (this is usually some of the optimal steps but does not include ones that the parents seem to not want to do)	Describe the projected outcomes from the likely effective option
3	Describe what the likely status quo option would include	Describe the projected outcomes from the status quo option

As a collaborative effort to maintain effective services for (child's name), the team is agreeing to continue implementation of the agreed upon plan _____(insert plan number) from_____ (date) to_____ (date) and make changes to the plan based on data collected while implementing the plan.

By signing below I understand that I agree to receive training on the protocol and implement the agreed upon protocol as part of receiving services from (company). I understand that I need to follow the agreed upon plan in order to have the desired agreed upon outcome. If at any time I have questions about this plan, I will discuss it with the team.

Parent Name:

Parent Signature:

Date:

/ /

Team Member Signature:

Date:

/ /



To Learn More about this template and effectively coaching parents check out this course:

[The Parent is Always Right](#)

*****Included with Trailblazer Membership*****

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